



DF2[®] Brace

Follow Up & Skincare Guide



COMPONENTS OF THE DF2 BRACE

- Girdle
- Hip Hinge
- Thigh Tongue
- Outer Sleeve
- Calf Tongue
- Foot Plate



TREATMENT TIMELINE

- Treatment timelines will depend on each child
- Your medical provider will put on the DF2 in a medical setting prior to sending your child home
- A follow up should be scheduled for **ONE WEEK** after the DF2 is put on- the sock should be changed at this time
- The sock should be changed at each follow up visit
- You should have a follow up scheduled with your medical team every 2-3 weeks until the brace is removed
- If you have any questions or concerns between follow up appointments, please contact your medical team

HELPFUL REMINDERS

- **DO NOT REMOVE** the DF2 brace unless instructed to do so by your medical team
- Ensure your child is always wearing a sock underneath the brace
- Do not put any lotions or creams on the skin under the sock
- Do not make the brace too tight on the thigh or calf area
- Supervise your child at all times to prevent falling and further injury
- Monitor the brace and sock to ensure it is clean and dry to prevent skin irritation
- Reminder, if you have any questions, please contact your medical team

SKINCARE MAINTENANCE

Monitoring and maintaining skin health is an important part of the DF2 Brace treatment protocol- please watch for these signs that may require medical attention:

- Excessive itching or persistent discomfort
- Inform your medical team of any pre-existing skin conditions (eczema, allergies, rashes, etc.)
- Redness, irritation, or pain- especially in the following areas:
 - Behind the knee
 - Around the thigh
 - Near the ankle



DF2 SOCK PROTOCOLS

- Ensuring a clean dry sock is used at all times under the DF2 is vital to maintaining your child's skin care during treatment
- There is a difference between "Soiled" and "Dirty" socks and how you need to address each differs as well. Please use the following information as a guide for determining the difference and determine the best next steps:



Signs That a Sock is Soiled - Requires Immediate Action

- *Wet or damp*- especially from urine or excessive sweat
 - If the sock has any wetness you will want to address it immediately as a wet sock can lead to skin damage
 - If your medical team has instructed you not to remove the brace, please contact them and follow their instructions on how to address next steps to change the sock
- *Dark spots or stains*- that saturates through the sock
 - If there is a significant amount of discoloring that you believe has saturated through the sock, this needs to be addressed with your medical team
 - This is especially true if you believe the stain is from fecal matter or other bodily fluids
- *Strong odor*
 - If a strong odor is present it could indicate bacterial growth or contamination
 - Contact your medical team to determine appropriate next steps



Signs of a Dirty Sock (Monitor, but Not Immediate Action Required)

- *Surface-level dirt or debris*
 - It is normal for the sock to show some signs of dirt as long as it surface level and you do not notice any dirt seeping through the sock
- *Light stains*
 - Minimal stains from sweat or daily wear are to be expected- you can monitor to ensure they do not progress, but no immediate need to address
 - Dirt or debris that does not involve liquids
- *Light odor*
 - It is normal for there to be a light odor from daily wear of the sock; if you notice a slight smell it should not be a concern unless it continues to intensify

Washing the Socks

- The socks are machine washable
 - Machine wash warm, tumble dry on medium, and do not bleach
- You should receive 2 socks with the DF2 Brace
 - This enables you to easily exchange the socks, washing one while wearing the other
 - If you need additional socks, please contact your medical provider

If you have any questions about the DF2 treatment protocol or skin care, please contact your healthcare provider.



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