

# ADM<sup>®</sup> Ankle Foot Orthosis (AFO) Overview



The ADM Ankle Foot Orthosis (AFO) is an ultra low weight and well tolerated night orthosis used for the prevention of clubfoot relapse when used with a Dobbs ADM<sup>®</sup> External Rotation Bar system or Abduction Dorsiflexion Mechanism (ADM<sup>®</sup>).



C-Pro Direct Ltd, Edenbridge, Kent, TN8 6HF. United Kingdom.  
C-Pro Direct Ireland Limited, 77 Camden Street Lower, Dublin, D02 XE80. Ireland



## The ADM® Ankle Foot Orthosis (AFO)

The ADM Ankle Foot Orthosis is a clubfoot night use orthosis and forms the central component of the ADM® Modular Brace System. The ADM® AFO may be used for the prevention of clubfoot relapse with either a fixed ADM® External Rotation Bar, an Articulating Dobbs ADM® External Rotation Bar, or with an Abduction Dorsiflexion Mechanism (ADM®).

### Indications:

- Maintenance of correction of well corrected clubfeet as per the Ponseti Method
- Maintenance of vertical talus correction
- Correction of metatarsus adductus

### Advantages and Benefits:

- Extremely well tolerated. Brace intolerance and lack of compliance with bracing protocols are common causes of relapse.
- Ultra low weight. The ADM® AFO is significantly lighter than all other popular clubfoot orthosis'.
- Left and Right sided to achieve a secure comfortable fit.
- Uniquely moulded to optimise great toe position, reduction of high-arch and to promote straightening of the lateral border.
- Easy fitting and adjustment. Includes two lycra lined neoprene strap pads as standard.
- Liner and mid-sole formed from malleable EVA foam for improved fit and to reduce the risk of skin sores and breakdown.
- Appealing modern award-winning design and appearance.



The ADM® AFO stabilises the great toe in the position required to promote good foot shape development

The neoprene strap pad system simplifies fitting and reduces the risk of skin issues.

Easy fitting with soft comfortable materials and low weight.



*“The ADM® AFO is moulded for left and right sides, low in weight and well tolerated. I really like how the great toe is stabilised in the correct position to promote development of a straight lateral border”. Dr Matthew Dobbs MD, FACS, FAAOS, FAOA, Director, Dobbs Clubfoot Center*