

Move - D

A Portable and Mechanical Tremor-Reducing Upper Extremity Brace

Move-D Instructions for Use



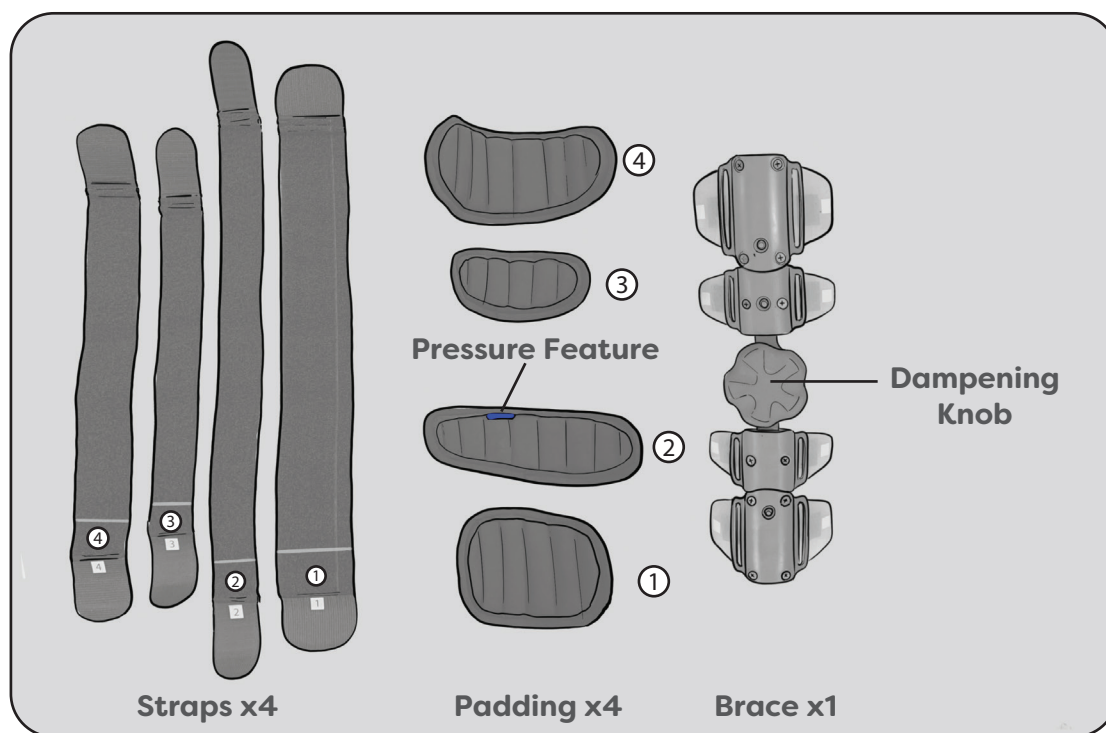
iiLabCo®
Move-D

MANUFACTURED FOR:
iiLabCo LLC
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La Palma, CA 90623
Labco@ii4change.com
949.531.4140

Non-Sterile, Clean, Ready for Use
REF 3626-90001

(QTY -1)

Move-D Part Breakdown



Cautions:

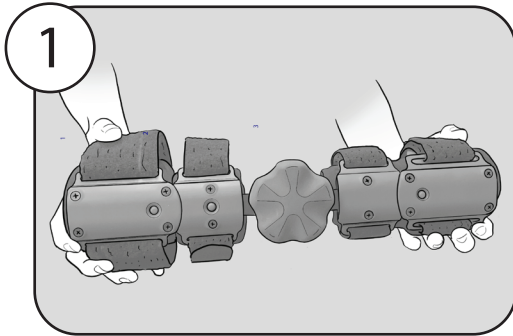
- Incorrect sizing/fit of Move-D on the arm may cause the device to function improperly and/or not provide dampening at all.
- Ensure that the Move-D device is properly fit to arm to avoid any discomfort and/or complications during use.
- Using Move-D at the incorrect dampening level associated with the Activity of Daily Living may lead to muscle soreness and/or fatigue to the user.

Warnings:

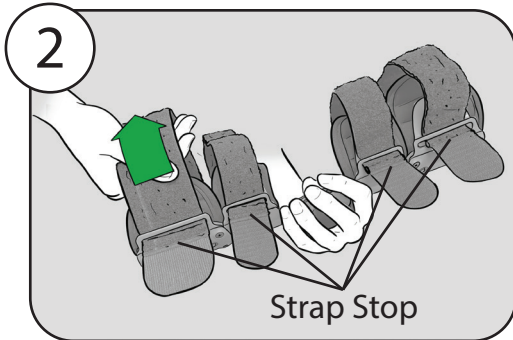
- Failure to keep device sanitary and clean during use may cause unwanted skin irritation and/or an allergic reaction.
- Incorrect donning of Move-D multiple times may lead to unwanted physical injury such as abrasions and bruises, decreased skin integrity or skin irritation, nerve irritation, and/or decreased blood circulation.

Instructions for Fitting Device

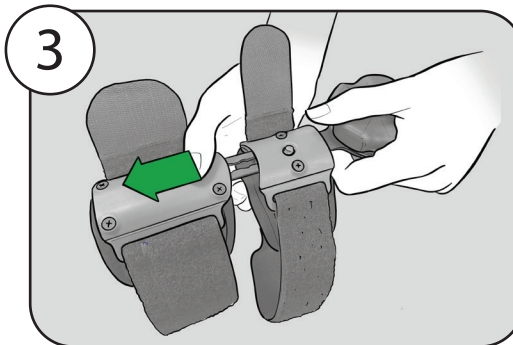
Please reference page 5 for LEFT ARM DOMINANT setup of the device.



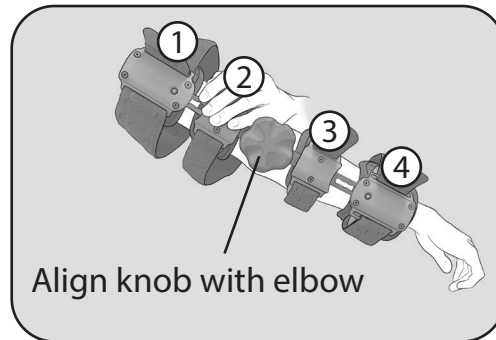
Prepare Move-D by having it in a straight/neutral position. Loosening the knob may be needed to reach desired position.



Undo all four straps to the strap stop. The strap stops prevent the straps from coming out easily.



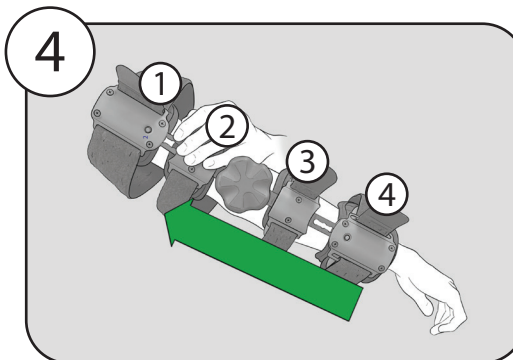
Using the buttons on the upper and lower portions of Move-D, extend as needed to the correct length for user's dominant arm.



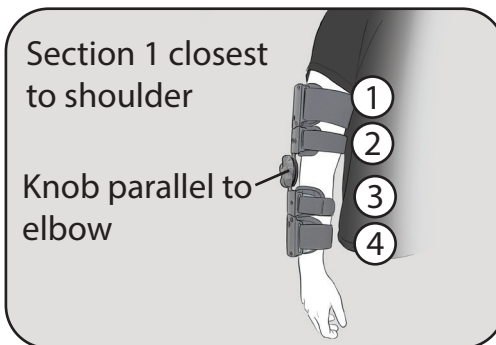
Align Move-D along the dominant arm of the user with the dampening knob at the user's elbow. Section 1 will be closest to user's shoulder and section 4 will be closest to user's wrist.

Instructions for Use

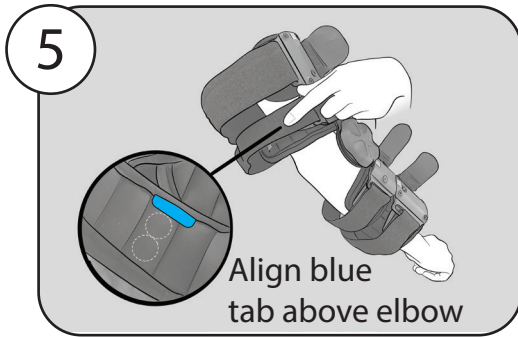
The instructions below are to be followed to ensure proper use of Move-D while performing Activities of Daily Living.



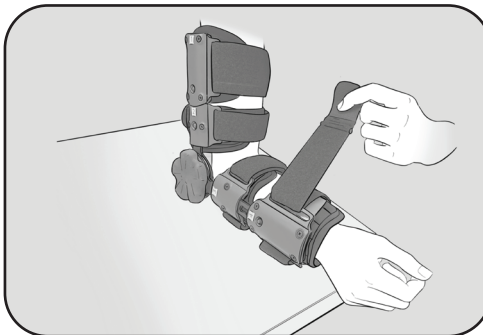
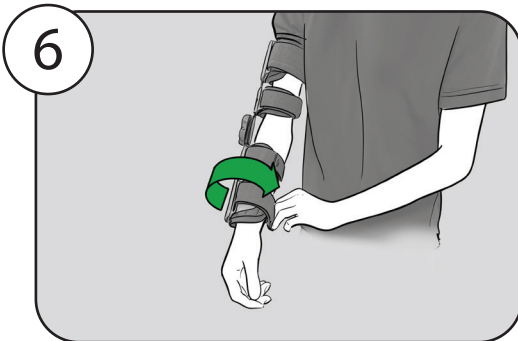
Starting with section 1, slide the device up the user's dominant arm aligning the knob with the user's elbow.



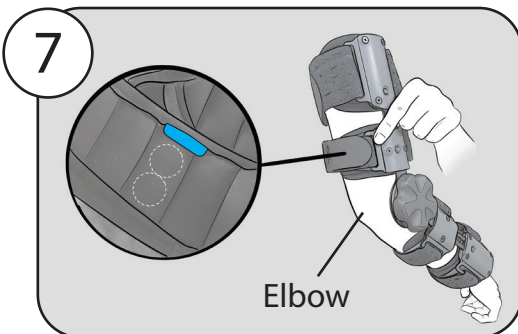
Section 1 of Move-D will be closest to the user's shoulder and section 4 will be closest to the user's wrist.



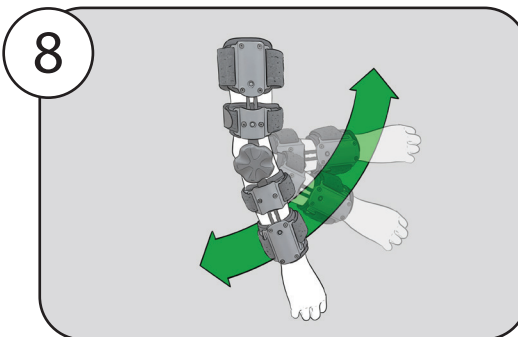
The nerve pressure feature (blue tab) should align with the ulnar nerve just above the elbow during wear.



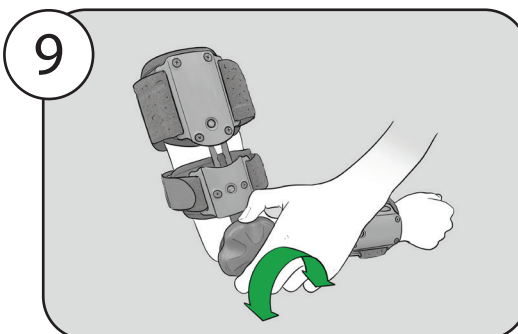
Tighten all four straps until the device is snug and comfortable.



Confirm the nerve pressure feature in pad 2 is aligned with the ulnar nerve just above the elbow. Adjust the padding as necessary for user comfort.



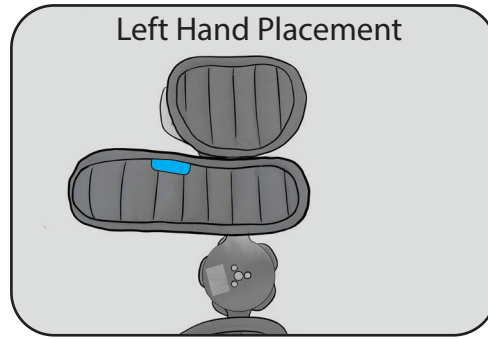
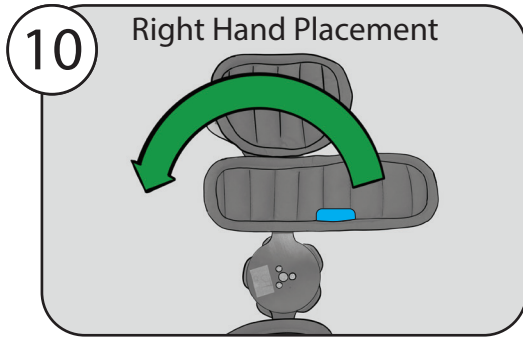
Bend the arm to ensure user comfort with Move-D in place.



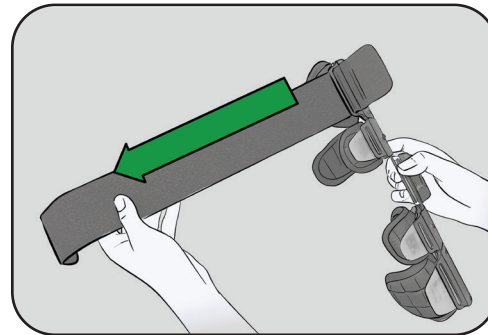
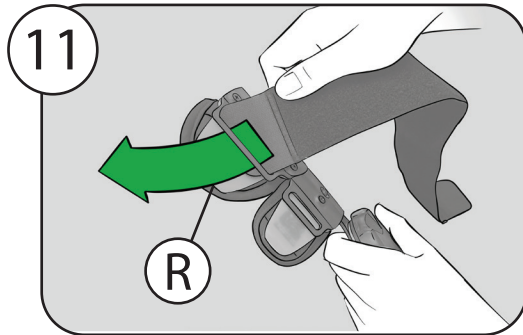
Rotate the knob to tighten/loosen for desired dampening level depending on Activities of Daily Living.

Instructions for Left-Arm Dominant Setup

The instructions below detail how to set up Move-D for left-arm dominant users.

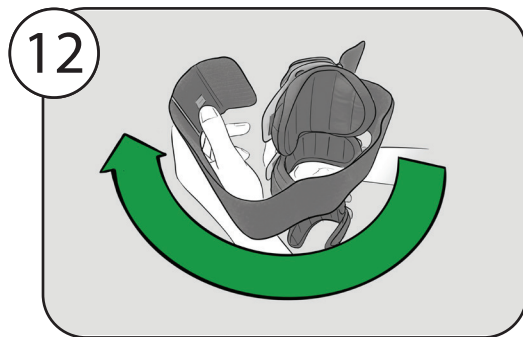


Locate pad 2. Remove it and rotate around 180 degrees (right arm = blue tab down, left arm = blue tab up).

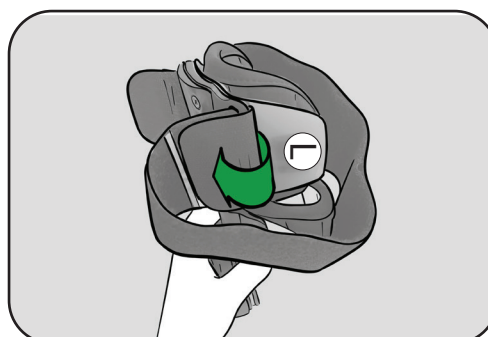
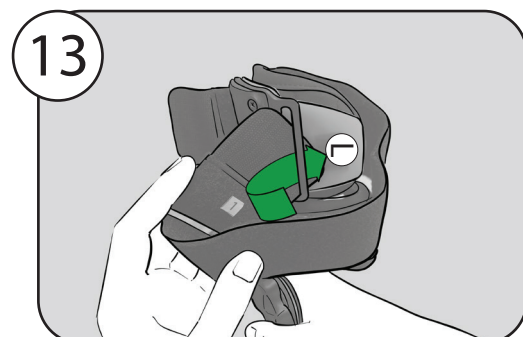


Remove all 4 straps:

- Take the end of strap 1, without strap stop and with the Velcro side down, and insert on the "R" side of section 1.
- Pull the strap through until the strap stop keeps it from coming out of the "R" side of section 1.



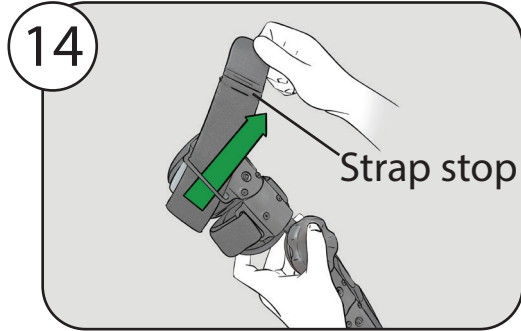
Pull strap around the pad side of the brace.



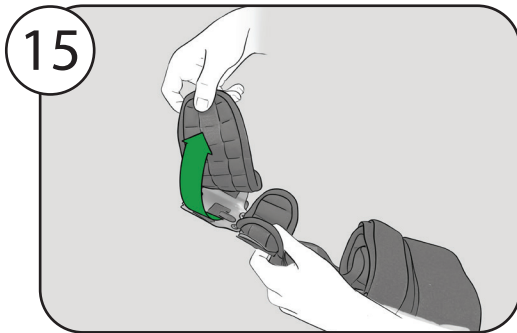
Insert the strap, with Velcro side up, into the "L" side of section 1. Secure Velcro piece to strap at embroidered line.

Instructions for Disassembly and Reassembly

Disassembly



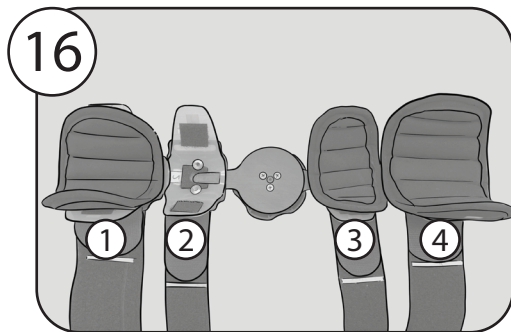
Remove all straps using the end with the strap stop.



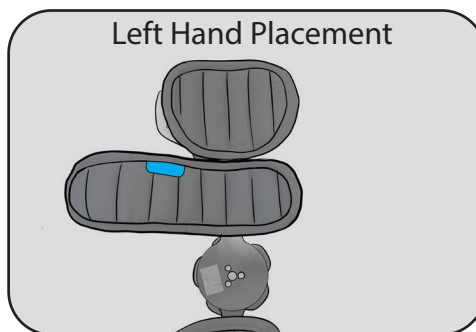
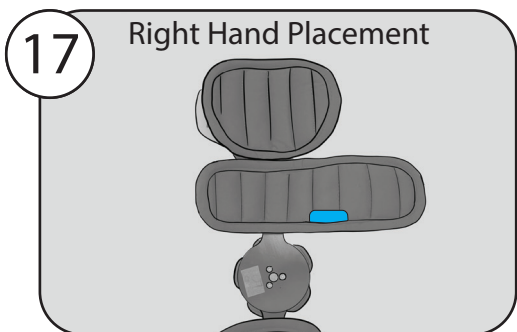
Remove all padding.

Reassembly

To re-assemble, follow and match labels on the straps and padding to the brace.

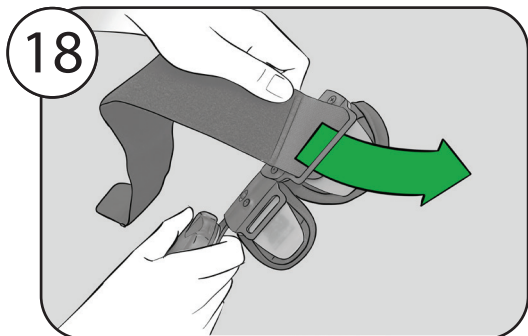


For reassembly, reattach pads 1, 3, and 4 to the section with matching labels (See below for pad 2 instructions).

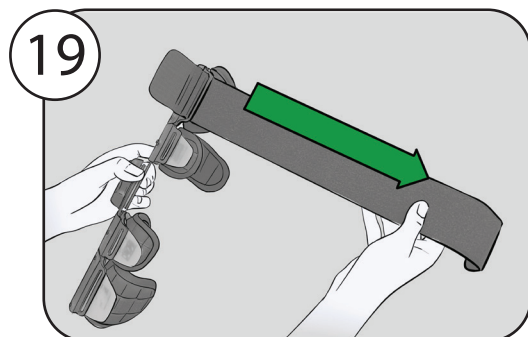


For pad 2, reattach with the blue tab oriented on the appropriate side based on the user's dominant arm (right arm - blue tab down, left arm = blue tab up).

Reattach all 4 straps by following the steps below for right arm dominant users (see left arm dominant setup on page 5 for left arm dominant users).



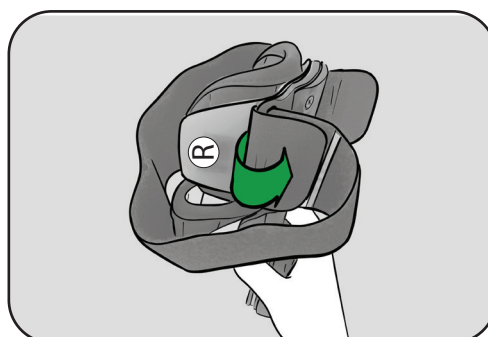
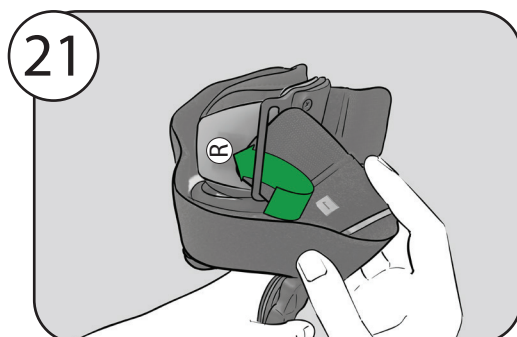
For right arm, take the end of strap 1, without strap stop and with the Velcro side down, insert on the "L" side of section 1.



Pull the strap through until the strap stop keeps it from coming out of the "L" side of section 1.



Pull strap around the pad side of the brace.



Insert the strap, with Velcro side up, into the "R" side of section 1. Secure Velcro piece to strap at embroidered line.

Cautions:

- Incorrect sizing/fit of Move-D on the arm may cause the device to function improperly and/or not provide dampening at all.
- Ensure that the Move-D device is properly fit to arm to avoid any discomfort and/or complications during use.
- Using Move-D at the incorrect dampening level associated with the Activity of Daily Living may lead to muscle soreness and/or fatigue to the user.

Warnings:

- Failure to keep device sanitary and clean during use may cause unwanted skin irritation and/or an allergic reaction.
- Incorrect donning of Move-D multiple times may lead to unwanted physical injury such as abrasions and bruises, decreased skin integrity or skin irritation, nerve irritation, and/or decreased blood circulation.

Discontinue use and contact your provider if you experience discomfort, swelling, or skin irritation (including redness) lasting longer than 20 minutes and/or if you feel any tingling sensation or numbness.

Cleaning Instructions

1. Hard Surfaces of Move-D including dampening knob:
 - a. The hard surfaces of Move-D shall be cleaned with a soft cloth dampened in a mild soap and water solution, isopropyl alcohol (70%) or with one of the following cleaning agents while following the manufacture's recommendations.
 - i. Lysol Disinfectant Foam Cleaner.
 - ii. Pure Green 24 by Pure Green, LLC.
2. Straps and Padding:
 - a. The straps and padding are removable and machine washable on low or delicate machine settings. The straps and padding shall be cleaned at least once a month using mild fabric detergent and air dried.